

Activity Ref:

Independent Activity / Leisure / Relaxation/ Routine – Evaluation

Activity Name: PREPARING LUNCH

Activity/Routine Description

Preparing lunch or any kind of meal.

What preparation is required by staff (include detail relating to environment /equipment / resources)

Staff know in advance where the objects that can be dangerous for IN are and where most of the cooking utensils are placed, so that when cooking staff and IN are focused on one thing only. Staff also have decided with IN before start what they are going to cook.

Describe how Activity/Routine will be initiated

Staff let IN know that it is time to cook by reminding her of the meal they had decided on beforehand. Staff indicate the next steps to IN

"Wash your hands".

"Remember that only one staff member can be in the kitchen with you"

"We're going to cook "x" "

Describe in detail the support required to facilitate activity

Staff will let IN enter the kitchen first, allowing them to have the closest exit. Staff tell IN what food they need from the fridge and IN takes them out one by one and puts them on the kitchen counter. If any food needs to be cut, the staff is responsible for doing so. IN can participate in any action that does not involve chopping, baking, boiling or frying. IN can instead mix food, seasoning, apply sauces to the dish, choose which spices she wants... Staff tell IN what steps they are following all the time by prompting IN to feel involved with expressions such as "How do you see this?" "Do you think we need to add more salt?" "Do you think we should leave it in the oven a little longer?"

Individual's
Name:

Israh Naeem

Staff Sign
& Date:

Paula Fargas 02/02/2021

IN cleans up anything used other than sharp objects when finished. Once the dishes are done, staff praise IN for her work.

What records will be kept relating to Activity/Routine

- Risk assessments for going to the shops
- Daily log
- Communication book.

Recorded in SP (enter section)		Risk Assessment in place (enter ref #)	
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Individual's
Name: Israh Naeem

Staff Sign
& Date: Paula Fargas 02/02/2021

Activity Ref:

Independent Activity / Leisure / Relaxation/ Routine - Recording

Activity Name:

Day / Date	Individual's Response to Activity	Staff Input Required	Positive Outcomes	Areas of Difficulties	Comments / Suggestions / Strategies	Staff Signature

**Individual's
Name:** Israh Naeem

**Staff Sign
& Date:** Paula Fargas 02/02/2021