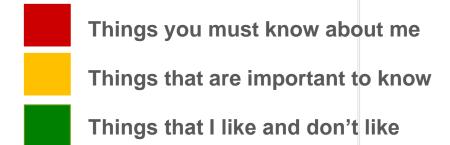
My Hospital Passport

Extended Notes

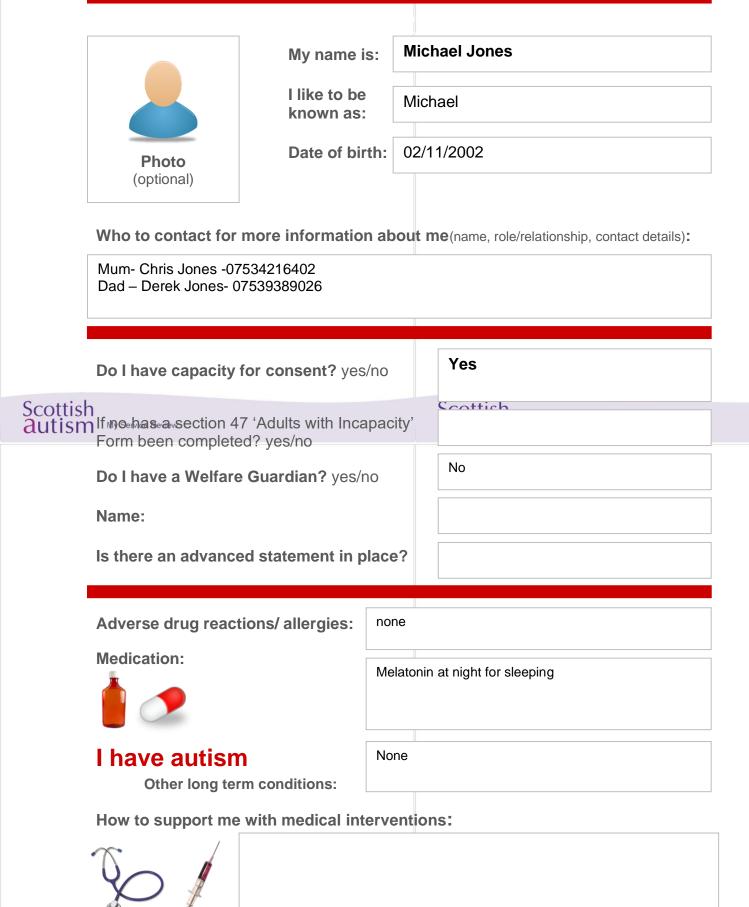
Important information for hospital and support staff

Scottish Scottish autism If I go to hospital please take this book with me My Service Review

This book contains important information that hospital and support staff will need to know



Things you must know about me



How to communicate with me:

Communication styles, preferences, aids, key words and phrases





I communicate Verbally and have no issues with my communication. I may miss interpretate some situations and conversations I have with others. Please be clear when speaking to me. I sometimes exaggerate the truth when speaking to others.I get most of my stories from playing my Xbox and watching TV and these are usually the things I tend to exaggerate

Behaviours that may be challenging or present risk:

What are

the behaviours, how to support me, ways to help me relax

Conttich



My behaviour away from mum and dad is very good. I tend to hit my dad across the head and call him names, but I see this as fun and not challenging behaviour. If I take this too far, I should be reminded to be gentle and have respect towards others. I listen to my care staff when they tell me to be gentle but sometimes do not listen to my mum and dad. I use explicit language in front of my parents but am more reserved when out with support staff. I do require reassurance when I become anxious, please sit with me and ask me what I am anxious about, I should be able to tell you. Reassure me and then try to change the topic to something more positive to take my mind off what's making me anxious.

Pain: How do I show I

am in pain, how to support me when I am in pain

I will verbally tell people when I am in pain. I can advise on how painful something is and if I need hospital attention. Please reassure me that I will be ok. Talk me through everything you are doing to prevent me getting anxious.

Important People

Family, friends, support workers

Mum – Chris Jones -07534216402 Dad – Derek Jones - 07539389026

Levels of support I need

Who needs to stay and how often?

I would appreciate if either mum, dad or my support staff could stay at all times

Things that are important to know

Eating and Drinking- e.g. special requirements, food allergies and intolerances



I can eat and drink independently I have no allergies or intolerances

I Like things such as:

Chips, Pizzas, McDonalds (big mac or triple cheeseburger), sweets, chocolate, pot noodles,

I dislike things such as:

Sauces, spicy food, mushroom, vegetables

Favourite drink - coke

Keeping me safe- Identified risks/ hazards and ways to keep me safe



Scottish Scottish autism Going to the toilet- e.g. continence aids, getting to the tiben My Service Review



No issues

Personal Care- e.g. dressing, washing, brushing teeth



No issues

Movement and Mobility- e.g. posture, walking aids, support I require



No issues

Sensory Issues- e.g. hearing, vision, hyper/hypo sensitivity, tolerance of touch



No Sensory issues.

Flexibility of Thought- e.g. difficulties with future planning, transferring learning Scottish Scottish Lam good at future planning. I will often make plans with my support staff for the week ahea

I am good at future planning. I will often make plans with my support staff for the week ahead. I am good at remembering exactly what the plan is. I tell my staff what I would like to do, and we often discuss various activity ideas. If something was to get cancelled, I am flexible in the sense that I can plan a new activity on the day.

I am very keen on trying new activities

Things that I like and don't like

Things I like

Things I don't like Things that

are important to me make me happy me that help me relax Things that make me anxious or scared Things that
Things that make me unhappy Ways to support
Ways I don't like to be treated

Trampolines
Cinema
Xbox
Going for pizza
McDonalds
Marvel movies
Bowling
Dying hair bright colours
Music



Venison/dear



Scottish autism

Completed by:

Lauren Hastings

Date:

20/11/2020

Reviewed:(date/sign)

Craig McCann 26.02.2021

My Hospital Passport