

Task Ref:

Individual program/Task description**Task Name: Going to the shops**

<u>Programme / Activity / Task Description</u>
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Going to the shops to buy IN's lunch or anything she would need.
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Task was identified by:

Paula Fargas (PF)

What difference will this activity make to individual's life
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- | |
|---|
| <ul style="list-style-type: none"> - More independence - Social skills - More confidence |
|---|

Agreed outcomes (include areas of need being addressed)

IN learns the meaning of the exchange "product for money".
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<u>Duration of Programme / Task:</u> 15 minutes

<u>How will the task / programme be initiated</u>	<u>What indicates that the programme / Task is finished</u>
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<p>Staff tell IN that it is time to go shopping. Before going to the shops, IN is usually watching TV so staff ask her to turn off TV. Through verbal prompting, staff indicate the next steps to IN</p>	<p>IN arrives at the flat and washes her hands.</p>
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"Put on your socks".

"Put on your shoes".

"Put on your jacket".

What preparation is required by staff

(include detail relating to environment /equipment / resources)

Staff tell IN what time they will go shopping and makes a list of what she needs. Staff also tell IN what she is doing before and after going to the shops. IN usually wants to know if she is going for a long walk as she will usually take a position against doing so.
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Individual's Name:

Israh Naeem

Staff Sign & Date:

Paula Fargas 02/03/2021

**Individual's
Name:**

Israh Naeem

**Staff Sign
& Date:**

Paula Fargas 02/03/2021

Task Ref:

Individual program/Task description cont:**Task Name:**

Describe in detail how individual will be supported with this aspect of Independent Living

Staff agree with IN the time to go to the shop and make a list of the things IN needs. When it is time to leave, staff tells IN that it is time to go shopping. They remind IN that she needs to put on her shoes and jacket and get her purse. Staff also remind IN what they are going to do next. Once on the street, one staff member holds IN's hand and stays by her side until she enters the shop. The other staff member stays behind as there is not enough room on the pavement for the three of them. Normally the walk takes about 5 minutes to reach the shop, the staff establishes a conversation with IN to keep her distracted as IN tends to stare and say things to people on the street. Staff can remind IN again what they are going to buy. Just before entering, staff put on the mask and remind IN that she cannot touch what she is not going to buy. Once in the shop, staff remind IN to apply the disinfectant gel. A staff member takes the lead and goes through the shopping list, always letting IN know what she is buying. Once completed, staff and IN go to the till and staff encourage her to pay independently. Staff helps her to pass the products through the barcode but tries to get her to do it herself. To pay, staff tells her to take the red card out of her purse. IN knows that she has to bring it to the card machine and then pick up the receipt. Staff helps IN put everything in the bag and they leave the shop. Once outside, staff gives IN the option to choose which way back she wants to go. On the way back, staff follow the same strategy as on the way out, one staff member holds IN's hand and the other carries the shopping bag. Just before reaching the flat, IN will ask one staff member to count to 20 so that she can hide with the other staff member (hide and seek). Once in the flat, staff asked IN to wash her hands.

Individual's
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Staff Sign
& Date:

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Does this specific programme require TASK Breakdown			
What records will be kept relating to programme		-Risk assessments for going to the shops -Daily log -Communication book.	
Recorded in support plan (enter section)		Risk Assessment in place (enter ref #)	

**Individual's
Name:**

Israh Naeem

**Staff Sign
& Date:**

Paula Fargas 02/03/2021

Task Breakdown

Programme / Task

Date Commenced

Date for Review

Task Ref Number

Steps	Communication to be used	Staff support required	Key Points

Individual's
Name:Staff Sign
& Date:

Task Ref:

Task breakdown recording**Task Name:**

Staff record in the space provided the input required for each step using the following key

Key:

Independent

Physical prompt

Dependent on staff to complete

Verbal Prompting

Hand over Hand support

Date/Step																Independence Achieved/Date
1																
2																
3																
4																
5																

 Individual's
Name:

 Staff Sign
& Date: