



## Section 4

### Support Strategies

Section	
4.1	<p><b><u>4.1.1 Weekly Schedule</u></b></p> <p><b><u>4.1.2 Agreed Outcomes</u></b></p>
4.2	<p><b><u>Activity/Routine Analysis:</u></b></p> <p><b>(corporate risk assessments to be included per activity)</b></p> <ul style="list-style-type: none"> <li>• Activity/Routine - Evaluation</li> <li>• Activity/Routine - Recording</li> </ul>
4.3	<p><b><u>Individual Learning Strategy:</u></b></p> <p><b>(corporate risk assessment to be included per task)</b></p> <ul style="list-style-type: none"> <li>• Individual Programme/Task Description</li> <li>• Task Breakdown</li> <li>• Task Breakdown Recording</li> </ul>
4.4	<p><b><u>Personalised Support Plan</u></b></p> <ul style="list-style-type: none"> <li>• 4.4.1 - Baseline behaviour</li> <li>• 4.4.2 - Anxious behaviour</li> <li>• 4.4.3 – Concerning behaviour</li> <li>• 4.4.4 – Calming down/Returning to baseline</li> <li>• 4.4.5 – Minimising restrictive practice</li> <li>• 4.4.6 – Personalised Support agreements</li> </ul>

## **Guidance, Legislation and Policies**

### **Section 4**

Health And Social Care Standards

Regulation of Care (Scotland) Act 2001

Charter for Involvement

Keys to Life

Adults with Incapacity (Scotland) Act 2000

Adult support and Protection (Scotland) Act 2007

General Data Protection Regulation 2018

Scottish Strategy for Autism

Human Rights Act (1998)

GIRFEC

Mental Welfare Commission

GAP

### **Primecare Health Ltd Policies**

ATLASS (Low Arousal) Framework

Intimate Care

Participation and Involvement

Physical Intervention

Well Being

Protection of Vulnerable Adults

Administration of Medication

Accident/Incident

Confidentiality

Transitions

General Data Protection Regulation 2018

Quality

Corporate Risk Management Strategy

Records Management

	8-10	10-12	12-1	1-3	3-5	5-7	7-9	9-11
MONDAY	Medication Breakfast	Bath Relax	Lunch	Choice of activity	Dinner at Nanas	Dinner at Nanas	Evening routine	Bedtime – usually after nightshift arrive
TUESDAY	Medication Breakfast	Bath Relax	Lunch	Choice of activity	Choice of activity	Dinner	Evening routine	Bedtime – usually after nightshift arrive
WEDNESDAY	Medication Breakfast	Bath Relax	Lunch	Choice of activity	Choice of activity	Dinner	Evening routine	Bedtime – usually after nightshift arrive
THURSDAY	Medication Breakfast	Bath Relax	Lunch	Choice of activity	Choice of activity	Dinner	Evening routine	Bedtime – usually after nightshift arrive

<b>Individual's Name:</b>	Dylan Reid
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<b>Staff Sign &amp; Date:</b>	S. McKain 07/08/2020
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	8-10	10-12	12-1	1-3	3-5	5-7	7-9	9-11
FRIDAY	Medication Breakfast	Bath Relax	Lunch	Choice of activity	Choice of activity	Dinner	Evening routine	Bedtime – usually after nightshift arrive
SATURDAY	Medication Breakfast	Bath Relax	Lunch	Choice of activity	Choice of activity	Dinner- one weekend at mums for dinner, alternate weekends overnight stay at mums	Evening routine	Bedtime – usually after nightshift arrive
SUNDAY	Medication Breakfast	Bath Relax	Lunch	Choice of activity	Choice of activity	Dinner	Evening routine	Bedtime – usually after nightshift arrive

<b>Individual's Name:</b>	Dylan Reid
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**Agreed individual outcomes**

**Activity/learning strategy**

Outcome No	Agreed Outcome	Agreed action to meet outcome	Support Plan requirements (i.e. task information / task breakdown)	Recording requirements	Key Worker Signature

<b>Individual's Name:</b>	Dylan Reid
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<b>Staff Sign &amp; Date:</b>	S. McKain 07/08/2020
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