

## Personal Support Plan - Report

The information in this report was based on the information available on 31/07/2020

SUBJECT'S DETAILS			
Client ID	8325928	NHS Number	021-102-0559
Surname	Jones	Forename	Michael
Aliases			
Date of Birth	02/11/2002	Gender	Male
Main Language		Ethnic Origin	Not known (Not requested)
Is an interpreter required?	No	Religion	

PLAN DETAILS					
Plan Type	Personal Support Plan	Target Start Date	31/07/2020	Operational Date	03/08/2020
Aim of Plan					
Authorised Date					

ASSESSMENT DETAILS					
Assessment Type	ASP Duty to Inquire	Target End Date	20/03/2020	Completed Date	11/03/2020

SUPPORT PLAN					
Date Support Plan Received	10/07/2020	Time	00:00	Status	Signed Off

<b>Location</b>	
<b>Details</b>	<p>Mr Michael Jones is a 17-year-old man who currently lives with his Mum (Chris), Dad (Derek) and older brother Kieran (20). Both siblings share the same birth parents and were adopted when Michael was approximately 14 months old, following a period of disruption due to moving between several fostering placements. Michael is currently on the waiting list for CAMHS and will be transferred onto the adult CMHT waiting list when he turns 18. He has no formal diagnosis but there are thoughts from his parents that he perhaps has the effects of foetal alcohol syndrome, ADHD or is likely on the autism spectrum. Since he was a teenager, Michael has experienced increasing difficulties with anger management and at present there are frequent arguments between Michael and his family members, sometimes resulting in verbal and physical aggression from Michael towards his Dad and brother. Kieran will be moving into his own flat, owned by his parents, in early August and it is hoped that this will reduce some of the tension in the family home. He does demonstrate these behaviours with people outside of his family. Michael left school at the age of 16 and he has undertaken several ready for work placements since, however none of these have yet resulted in paid employment. He receives support from the employment service offered through Barnardo's but has found it difficult to find a route for himself or make friends outside of video gaming since leaving school. Michael also frequently describes unhappiness with his life and family – he describes feeling anxious and easily angered, though also reflects on times he has hurt others with a lack of empathy. Support from a service which gives Michael a sense of purpose and direction, as well as modelling pro-social behaviours/emotional regulation will benefit both himself and his family. Michael's parents are very much in need of some sort of respite following the last few months of lockdown and they describe themselves as being at 'breaking point'. Positive Paths are currently offering 1-1 support whilst unable to run their usual day centre services. They have met with Michael and feel 1-1 initial support would be a good way to introduce him to their transitions service which will run over the summer holidays (from 10th August) and are aware of the risks to be managed in Michael attending a group service. It is hoped that this environment will improve his confidence and encourage new friendships/experiences. Positive Paths' currently only accept direct payments – Michael's Dad Derek has stated he will be responsible for this for the time being and it is hoped Michael will be able to take ownership of this in the future. Primecare Health are also able to offer 1-1 support within their autism service beginning next week, start date 3rd August 2020. The support worker allocated has a car and will be able to take him out of the family home to new opportunities and provide the family some respite. NEW POC: Positive Paths (Direct Payment - Option 1) Housing Support – 8 hours x £18.00 p/h (Positive Path's Hourly Rate) = £144 per week. CEC Contribution = £135.20 Primecare Health (Option 3) Housing Support - 4 hours x £19.00 p/h Prime Care Health (Autism Service) = £76 per week TOTAL WEEKLY BUDGET: Direct Payment - £135.20 Option 3 - £76 = £211.20 per week</p>
<b>Does the Support Plan meet the criteria of a good plan?</b>	
<b>Will the plan meet the agreed needs of the individual</b>	Yes
<b>Will the plan meet the outcomes agreed with the individual</b>	Yes

<b>Are all the identified risks appropriately managed</b>	Yes
<b>Are there existing services in place? (If yes, please specify the volume / cost in Spend area below)</b>	Yes (To Fully Remain)
<b>MY STEPS TO SUPPORT</b>	
<b>Who has completed this support plan. If you have not completed the plan yourself give the name, organisation and phone number of the person who completed the plan</b>	A Worker From The City Of Edinburgh
<p>Sophie Allen Social Worker SE Locality Sophie.Allen@edinburgh.gov.uk</p>	
<p><b>What is important to you? For example things in your life you want to continue or to change, people who are important to you, things you want to achieve.</b></p> <p>Mr Michael Jones is a 17-year-old man who currently lives with his Mum (Chris), Dad (Derek) and older brother Kieran (20). Both siblings share the same birth parents and were adopted when Michael was approximately 14 months old, following a period of disruption due to moving between several fostering placements. Michael is currently on the waiting list for CAMHS and will be transferred onto the adult CMHT waiting list when he turns 18. He has no formal diagnosis but there are thoughts from his parents that he perhaps has the effects of foetal alcohol syndrome, ADHD or is perhaps on the autism spectrum. Since he was a teenager, Michael has experienced increasing difficulties with anger management and at present there are frequent arguments between Michael and his family members, sometimes resulting in verbal and physical aggression from Michael towards his Dad and brother. Kieran will be moving into his own flat, owned by his parents, in early August and it is hoped that this will reduce some of the tension in the family home.</p> <p>Michael left school at the age of 16 and he has undertaken several ready for work placements since, however none of these have yet resulted in paid employment. He receives support from the employment service offered through Barnardo's but has found it difficult to find a route for himself or make friends outside of video gaming since leaving school. Michael also frequently describes unhappiness with his life and family – he describes feeling anxious and easily angered, though also reflects on times he has hurt others with a lack of empathy.</p> <p>Support from a service which gives Michael a sense of purpose and direction, as well as modelling pro-social behaviours/emotional regulation will benefit both himself and his family. Michael's parents are very much in need of some sort of respite following the last few months of lockdown and they describe themselves as being at 'breaking point'.</p> <p>Positive Paths are currently offering 1-1 support whilst unable to run their usual day centre services. They have met with Michael and feel 1-1 initial support would be a good way to introduce him to their transitions service which will run over the summer holidays (from August) and are aware of the risks to be managed in Michael attending a group service. It is hoped that this environment will improve his confidence and encourage new friendships/experiences.</p> <p>Positive Paths' currently only accept direct payments – Michael's Dad Derek has stated he will be responsible for this for the time being and it is hoped Michael will be able to take ownership of this in the future.</p> <p>NEW POC:</p>	

Positive Paths (Direct Payment - Option 1)

Housing Support – 8 hours x £18.00 p/h (Positive Path's Hourly Rate) = £144 per week.

CEC Contribution = £135.20

Primecare Health (Option 3)

Housing Support - 4 hours x £19.00 p/h Prime Care Health (Autism Service) = £76 per week

TOTAL WEEKLY BUDGET:

Direct Payment - £135.20

Option 3 - £76

= £211.20 per week

**How will you be supported to meet your needs and outcomes. What sort of support will you need, how often and who from.**

**Support may be provided by people or through using items of equipment.**

Medical Information/Physical Health:

Hearing - No concerns.

Sight - No concerns.

Diagnoses – Dyslexia, dyspraxia, anxiety. Awaiting assessment with CAMHS/Adult CMHT, possibility of a neurodevelopmental assessment.

Medication – Promethazine, taken in the evenings to help with sleeping. Michael can take this himself but may require prompting from his parents occasionally.

Mobility/Transfers – No issues with mobilising or movement.

Any aids? - None.

Nutrition: Michael's parents currently provide all meals and preparation. Michael prefers to eat high sugar/fat foods such as burgers, pizza, etc. However he will occasionally eat healthier foods when prompted.

Personal Care/Support Needs:

Washing/toileting/continence – Michael is independent in all washing and toileting. His parents will prompt him to shower and brush his teeth regularly as he may not prioritise these tasks within his day.

Food preparation/eating – Michael's currently prepare and provide all of his meals. He could manage to make simple foods himself but his dyspraxia may have some effect on his fine motor skills and ability to prepare more complex meals.

Difficulty chewing/swallowing? - None.

Dressing - No issues with dressing.

Correspondence:

Michael requires assistance with managing all of his admin, correspondence, etc. His parents assisted him to apply for his Universal credit and continue to support him with managing this. Michael's parents have also been the lead in linking him in with into-work programmes, as well as further supports currently involved (Barnardo's and St. Andrews Adoption Agency). They will be instrumental in supporting Michael into a future path, as well as more independent living. Due to Michael's anxiety, he often needs support with tasks, e.g. to order a pizza.

#### Mental/Emotional Health:

Michael describes himself as anxious and also frequently angry. He states that the things that make him angry are people abusing his friends and his girlfriend and his parents being overly controlling. He states he 'hates his life' and shows little guilt or empathy over this abusive words and actions towards his family. Michael also exhibits some 'magical thinking' - for instance, he claims that his birth parents were American and passed away in a car accident and this is why himself and Kieren were adopted. Michael Opitz (Social Worker from St. Andrew's Adoption Agency) states that Michael seems to find it difficult to differentiate between fantasy, reality and dreams. He has had difficulty sleeping since childhood and will sometimes experience night terrors. Michael can describe instances where he has perpetrated violence against someone with extreme consequences but these instances are untrue or very exaggerated.

There are also concerns for Michael's thoughts on sexual behaviours and relationships as he matures. He was cautioned during his time in high school after sending some sexually explicit pictures to another person underage. Michael was also let go from a paid job with Food Corp after a colleague came across him masturbating in the staff room twice during the same incident. Michael did not stop after being seen the first time, indicating a lack of inhibition or understanding of the consequences from such behaviour. He has been accepted by Barnardo's early intervention service for some support with these behaviours/thoughts.

#### Communication:

Michael is able to articulate his thoughts and feelings clearly, however as he can describe situations/past experiences which are not true or exaggerated, this could potentially cause him to be misunderstood or for others to develop a skewed opinion of him and associated risks.

#### Use of time/community engagement/social supports:

Michael's parents report that he spends the majority of his time playing on games. This is the main cause of fights between himself and his brother. He has some good social connections through gaming but his parents state he does not have any social connections whom he can meet in person. He did have friends in school, however often has one main friend who he becomes overly attached to and this usually drives them away.

Michael has taken part in several preparation for work programmes but due to the incident described above, he has not yet been able to find employment which suits him. His future ambitions include being employed as a bounty hunter, joining the forces or becoming a Youtuber. Michael will receive support from Move On when they begin doing joint visits again and he has maintained contact with Nicola from the Barnardo's into employment service.

Michael would benefit from supportive and positive relationships to develop his self-esteem and prosocial behaviours as well as new interests. Some encouraging relationships are key as Michael is very aware of the impact he has had on his family environment and often describes himself as the 'bad guy'.

#### Accommodation:

Michael currently lives at home with his parents and his older brother Kieran. Kieran will be moving into the flat which his parents own at the beginning of August 2020, therefore Michael will likely require support from a service or social work to secure accommodation in the future. At present, supported accommodation would seem to be the most appropriate path for him.

#### Aids and Adaptations:

None required.

#### Finances:

Michael is in receipt of Universal Credit and his parents are helping him to keep to any requirements for this. He usually spends his money on games/as he wishes, so budgeting for living essentials as well as learning about the general cost of things will take extensive support.

**Risks:**

- Michael describes himself as angry and clearly deals with difficult emotions on a daily basis. His mental health may suffer further without intervention or support to create positive experiences and relationships for Michael.
- Michael's difficulties with emotional regulation/physical and verbal aggression whilst experiencing anger have placed great strain on his family relationships and his living situation is at risk of breaking down if things continue without respite or change.
- Michael is currently in the transition period between high school and adulthood and he may lose the chance to develop independent living skills for the future if not supported.
- Michael continues to engage with people who may expose him to abuse and negative emotions via social media/gaming.

**Protective Factors:**

- Michael's parents are very resourceful and continue to welcome and engage with all supports available to him.
- Michael has lots of interests and is open to support/new experiences.

**What is important to me?**

- Michael would like for his situation to change and to be more independent.

**How will you use your personal budget.**

**NEW POC:**

Positive Paths (Direct Payment - Option 1)

Housing Support – 8 hours x £18.00 p/h (Positive Path's Hourly Rate) = £144 per week.

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**TOTAL WEEKLY BUDGET:**

Direct Payment - £135.20

Option 3 - £76

= £211.20 per week.

**Option 1, I want to arrange and manage my own support using a Direct Payment.**

Yes

**NEW POC:**

Housing Support – 8 hours x £18.00 p/h (Positive Path's Hourly Rate) = £144 per week.

<b>Option 3, I want the City of Edinburgh Council to choose and arrange my support for me.</b> Primecare Health (Option 3) Housing Support - 4 hours x £19.00 p/h Prime Care Health (Autism Service) = £76 per week	Yes
<b>What needs to happen now.</b> SSW/SOT to consider for approval, sent to FIT Team for processing.	
<b>Does this plan include support with vocational/learning/community/leisure needs</b>	Yes
<b>CLIENT</b>	
<b>Client Group (for funding)</b>	Mental Health
<b>CONTACT FOR FINANCIAL INFORMATION</b>	
<b>Contact Name</b>  Mr Derek Jones	Other (Record Name In Answer Field)
<b>Relationship to Applicant</b>  Father	
<b>Address (incl. Post Code)</b>  58 Morningside Park, Edinburgh, City Of Edinburgh, EH10 5HA	
<b>Telephone No. (Mobile)</b>	

07539389026

**Email address**

derek.jones@ed.ac.uk

**Does client have capacity**

Yes

**DAY SERVICE REQUEST**

**SHORT BREAKS / RESPITE REQUEST**

**DP / ISF SERVICE REQUEST**

**Is this request for Option 1 (DP) and if so, what is the start date of the request. (please specify details in text box)**

Yes

10th August 2020

**Cardholder/Nominated account details**

Mr Derek Jones  
58 Morningside Park, Edinburgh, City Of Edinburgh, EH10 5HA  
07539389026

**Will any of this support be provided by an Agency**

Yes

Positive Paths

**NON-TRADITIONAL SERVICES**

**THIRD SECTOR/VOLUNTARY(NO COST SERVICES)**



AUTHORISATION					
<b>Senior Practitioner Approval</b>					
SSW Lauren Downie					
<b>Division 1st Service</b>				ALD Adults Learning Disabilities	
<b>Cost Centre 1st Service</b>				62371 SE C1 LD Care & Support	
<b>Cost Centre 2nd Service (if applicable)</b>				62374 SE C1 LD DP	
<b>Subjective 1st Service</b>				4641 Care At Home	
<b>Subjective 2nd Service (if applicable)</b>				4649 Dir Pymnts-Comm Care	
<b>Date Approved</b>				31/07/2020	
SPENDING					
Money In	One Off	Hours Per Week	Cost Per Hour	Weekly Cost	Annual Cost
Personal Budget					
Money Out					
(New) Option 3 - Housing Support		4.00	19.00	76.00	3962.86
(Existing) Direct Payment - Housing Support		8.00	16.90	135.20	7049.71
<b>Total Money Out</b>	0.00	12.00	35.90	211.20	11012.57
<b>Remaining Money</b>				NaN	NaN

## SIGN OFF DETAILS OF THE SUPPORT PLAN

<b>Person who signed off the plan</b>	Lauren Downie		
<b>Date the plan was signed off</b>	31/07/2020	<b>Time</b>	31/07/2020